

2018 Fall Workshop Calendar Calendrier d'ateliers automne 2018

EarlyON Child and Family Centre—Ottawa South
On y va Centre pour l'enfant et la famille—Ottawa sud

September/septembre



Sunday/Dimanche	Monday/Lundi	Tuesday/Mardi	Wednesday/Mercredi	Thursday/Jeu	Friday/Vendredi	Saturday/Samedi
All workshops will be held at 2330 Don Reid Drive unless otherwise specified. Tous les ateliers auront lieu au 2330 promenade Don Reid à moins d'avis contraire.	 Workshops with this star require registration. Inscription requise pour ateliers avec cette étoile. Register by clicking the links provided in the PDF Calendar or by calling 613.737.6369 Inscrivez-vous en utilisant les liens fournis dans le calendrier PDF ou en appelant le 613.737.6369.					1
2 	3 CLOSED/FERMÉ Labour Day Fête du Travail	4	5 Evening Playgroup/ Groupe de jeu en soirée 5:30—7:30 pm 17h30—19h30	6	7	8
9	10 Celebrating Grandparents! Baby and Me Playgroup 1:30—3:30 pm	11	12 Nearby Nature Playgroup Parc Russell Boyd Park 1735 rue St. Bernard Street 9:00—11:30 am	13	14	15
16	17	18	19 Nearby Nature Playgroup Parc Russell Boyd Park 1735 rue St. Bernard Street 9:00—11:30 am Little Discoverers: Properties of Matter 6:00—7:30 pm 	20	21 Visit with a Dietitian Hunt Club Riverside Playgroup 9:00—10:30 am	22
23	24 Fall Sensory Activities Baby and Me Playgroup 1:30—3:30 pm	25	26 Nearby Nature Playgroup Parc Russell Boyd Park 1735 rue St. Bernard Street 9:00—11:30 am Evening Playgroup/ Groupe de jeu en soirée 5:30—7:30 pm 17h30—19h30 Toilet Learning 	27	28 	29
30						

Nearby Nature Playgroup!

Join us with your little ones as we head to the park to enjoy free play in a natural setting. Let us demystify the risks of outdoor free play and foster a deep connection to the outdoors. We will meet rain or shine! Dress accordingly and bring a snack. Everyone welcome! *No registration required.*

Groupe de jeu en plein air!

Venez nous rejoindre au parc pour participer à des jeux libres dans un environnement naturel. Ensemble nous allons démystifier les risques souvent associés aux jeux en plein air et encourager un lien personnel avec la nature.

Evening Playgroup

Join us the first and fourth Wednesday of every month for our evening bilingual drop-in playgroup! The playgroup is open to all families, providers and guardians and their children 0-6 years of age.

Groupe de jeu en soirée

Joignez-vous à nous le premier et quatrième mercredi de chaque mois pour notre groupe de jeu bilingue en soirée! Ce groupe de jeu est ouvert à tous les familles, responsables de garde et tuteurs et leurs enfants de 0-6 ans.

Celebrating Grandparents (During Baby and Me Playgroup)

Grandparents play such a special role in our lives! Join us with your little one to make a special craft for a grandparent!

Little Discoverers: Properties of Matter

For children from 4 to 6 years of age and their parents/guardians and/or caregivers. Children will embark on an engaging experience exploring different concepts of matter through inquisitive hands-on experiences! [REGISTER NOW!](#)

Visit with a Dietitian (During Hunt Club Riverside Playgroup)

A registered Community Dietitian will be available during playgroup to answer questions and provide information on healthy eating habits.

Fall Sensory Activities (During Baby and Me Playgroup)

Fall is a wonderful season to explore with sensory play! Let your baby explore the world around the with these fun fall sensory activities!

Toilet Learning

Be pro-active in your approach to toilet learning. Better understand the signs of readiness to ensure a smooth transition from diapering. This workshop compiles current research with a respectful approach to this important milestone. *Cet atelier aura lieu en anglais mais les questions peuvent être répondues en français.* [REGISTER NOW!](#)

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October/octobre

Sunday/Dimanche	Monday/Lundi	Tuesday/Mardi	Wednesday/Mercredi	Thursday/Jeudi	Friday/Vendredi	Saturday/Samedi
	1 Dental Hygienist Visit Baby and Me Playgroup 2:30—3:00 pm	2	3 Nearby Nature Playgroup Parc Russell Boyd Park 1735 rue St. Bernard Street 9:00—11:30 am Evening Playgroup/ Groupe de jeu en soirée 5:30—7:30 pm 17h30—19h30	4	5	6
7	8 CLOSED/FERMÉ Thanksgiving Action de grâce 	9	10 Nearby Nature Playgroup Parc Emeralds Wood Park 3795 rue Alderwood St. 9:00—11:30 am The Power of Dads 6:30—8:30 pm ★ Child Care Connection Meeting 6:45—7:45 pm	11	12	13 Coping with a Picky Eater Information Session Don Reid Playgroup 9:00—11:30 am
14	15	16	17 Nearby Nature Playgroup Parc Emeralds Wood Park 3795 rue Alderwood St. 9:00—11:30 am Learning Through the Arts— Visual Art...Making something out of nothing ★ 6:00—7:30 pm	18	19	20
22	22 Visit from Ottawa Public Children's Librarian Baby and Me Playgroup 1:30—3:30 pm	23	24 Nearby Nature Playgroup Parc Emeralds Wood Park 3795 rue Alderwood St. 9:00—11:30 am Evening Playgroup/ Groupe de jeu en soirée 5:30—7:30 pm 17h30—19h30	25	26	27
28	29	30	31 Nearby Nature Playgroup Parc Emeralds Wood Park 3795 rue Alderwood St. 9:00—11:30 am	Workshops with this star require registration. Inscription requise pour ateliers avec cette étoile. ★ Register by clicking the links provided in the PDF Calendar or by calling 613.737.6369 Inscrivez-vous en utilisant les liens fournis dans le calendrier PDF ou en appelant le 613.737.6369.		

Dental Hygienist Visit (During Baby and Me Playgroup)

Join a Dental Hygienist to discuss how to care for your little ones teeth. Information and resources are available to learn more about your child's dental health.

Nearby Nature Playgroup

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The Power of Dads ★

For families with children under the age of six years old.

A parenting workshop for **fathers and male caregivers** of children birth to 6 years. Learn about child development and new ways to help your child reach their full potential! Workshop will be facilitated by Dave Elder, Public Health Nurse and Dad! *Cet atelier est offert en anglais seulement.* [REGISTER NOW!](#)

Child Care Connection Meeting

An opportunity for parents and caregivers to connect through a facilitated meeting. *Cette soirée est offerte en anglais seulement.*

Coping with a Picky Eater Information session (During Don Reid Playgroup)

Dealing with picky eaters can be extremely frustrating at times! Learn why some children are picky eaters, how to deal with picky eaters and strategies to get your child to try new foods.

Learning Through the Arts—Visual Art...Make something out of nothing ★

For children from 2.5 to 5 years of age and their parents/guardians and/or caregivers.

Come with your child and learn through the process of creating, exploring, discovering, and experimenting with various materials (paper, clay, paint etc.). We will focus on the process, not the product.

[REGISTER NOW!](#)

Story time with the Librarian (During Baby and Me Playgroup)

Join a librarian from the Ottawa Public Library as she facilitates circle time with songs, stories and rhymes!