

SAMPLE - DAILY SCHEDULES STITTSVILLE CC

	Preschool
7:00-7:15	Centre Opens – Children welcomed into the preschool room
7:15-8:30	Children’s choice of activities
8:00-8:30	Breakfast snack is served to those children wishing to have snack
8:30-9:30	Planned programmed activities
9:45-10:00	Tidy up/ Bathroom routine/ Dress for Outdoor play
10:00-11:00	Outdoor Play
11:00-11:20	Circle time
11:20-12:15	Lunch
12:15-12:30	Bathroom routine
12:30-12:45	Children settle on their beds
12:45-2:15	Rest time
1:45-2:30	Early Wakers
2:00-2:30	Wake up time, bathroom routine
2:30-3:00	Free Play
3:00-3:30	Snack Time
3:30-3:45	Bathroom routine/ Dress for Outdoor play
3:45-4:40	Outdoor Play
4:40-5:00	Children’s choice activities
5:15-5:30	Quiet activities in KDG room
5:30	Centre Closes

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	Kindergarten
7:00-7:15	Centre Opens; children greeted in the preschool room Children's choice of various play areas
7:40-8:20	KDG Room open- Children's choice of activities - planned and free
7:45-8:05	Breakfast snack available to children who wish to have snack
8:10-8:15	Tidy up/ Get ready for School
8:15-8:30	Children play in the kindergarten schoolyard
8:30-3:15	Children at School
3:15-4:00	Snack/ planned and free play
4:00-4:45	Outdoor programmed/free play
4:45-5:15	Children's choice of activities
5:15-5:30	Quiet activities in KDG room
5:30	Centre Closes

	School Age
7:00-	Children welcomed into the school classroom
7:15-8:10	Children engaged in free and planned activities
7:45-8:10	Breakfast snack offered; open second room as necessary
8:10-8:20	Tidy up for school
8:20-8:30	Outside play in the school yard
8:30-3:15	Children in School
3:15-4:00	Snack/ planned and free play in classroom
4:00-4:45	Outdoor play- programmed and free play
4:45-5:10	Children's choice of activities
5:10-5:15	Move to the daycare centre
5:15-5:30	Quiet activities in kindergarten classroom
5:30	Centre closes
	Inclement Weather
8:10-8:25	Continue with indoor activities
8:25-8:30	Children get ready for school; meet teachers/ principal and then proceed to classrooms
3:15-5:05	Children's choice of activities in the 3 classrooms



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