

ANDREW FLECK CHILD CARE SERVICES - LICENSED GROUP CARE

SNACK MENU

WEEK OF:	LOCATION:

	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	Whole Grain Cereal with Milk & Seasonal Fresh Fruit Milk and water	Yogurt Cups with Whole Grain Cereal Bars Milk and water	Banana & Soy Butter Wraps Milk and water	Whole Wheat Waffles with Vanilla Yogurt & Frozen Berries Milk and water	Bagels Toasted with Cream Cheese & Seasonal Fresh Fruit Milk and water
PM SNACK	Graham Crackers with Cream Cheese & Cinnamon Apples	Whole Wheat Tortilla & Cheese Quesadillas with Vegetable Salsa & Sour Cream	Whole Grain Crackers, Celery Sticks & Apple Slices with Soy Butter	Granola Bars with Marble Cheese & Seasonal Fresh Fruit	Apple Sauce Cups With Oatmeal Cookies & Cheese Strings
	Milk and water	Milk and water	Milk and water	Milk and water	Milk and water