

SEPTEMBER | SEPTEMBRE

Sunday/Dimanche	Monday/Lundi	Tuesday/Mardi	Wednesday/Mercredi	Thursday/Jeu	Friday/Vendredi	Saturday/Samedi
1	2 CLOSED/FERMÉ Labour Day Fête du Travail	3 	4 Evening Playgroup 5:30—7:30 pm	5 Children's Garden Community Meet-Up 9:30—11:00 am ★	6	7
8	9	10	11 Evening Playgroup Special Activity: Those Funny Feelings 5:30—7:30 pm	12 Storytime with the Librarian Fairlea Playgroup 10:00—10:30 am Intergenerational Art Group Perley Rideau 1750 Russell Rd. 10:00—11:00 am ★	13	14
15	16 Car Seat Safety Discussion Baby and Me Playgroup 1:30—3:30 pm	17	18 Evening Playgroup 5:30—7:30 pm	19 Urban Explorers Parc Balena Park 1640 ave. Devon Avenue 9:30—11:00 am	20	21
22	23	24	25 Evening Playgroup Special Activity: Colours 5:30—7:30 pm	26 Urban Explorers Parc Russell Boyd Park 1735 rue St. Bernard Street 9:30—11:00 am	27	28 Managing Routines and Transitions Information Session Don Reid Playgroup 9:00—11:30 am
29	30 Infant Sleep Discussion Baby & Me Playgroup 1:30—3:30 pm	Please remember to bring your indoor shoes when visiting our playgroups! S'il vous plaît rappelez-vous d'apporter vos chaussures d'intérieur lors de votre visite à nos groupes de jeu!		Workshops with this star require registration. Inscription requise pour ateliers avec cette étoile. ★ Register by clicking the links provided in the PDF Calendar or by calling 613.737.6369 Inscrivez-vous en utilisant les liens fournis dans le calendrier PDF ou en appelant le 613.737.6369.		

Evening Playgroup

Join us every Wednesday for our evening bilingual drop-in playgroup! The playgroup is open to all families, providers and guardians and their children 0-6 years of age.

Special activities will be offered during the evening playgroup on the following dates:

- ⇒ **September 11th: Those Funny Feelings**—Emotions can be tricky for young children, especially as they start school. Join us for a variety of activities centered on helping children recognize and express their emotions.
- ⇒ **September 25th: Colour Fun** - Supporting young children as they learn all about colours.

Groupe de jeu en soirée

Joignez-vous les mercredis pour notre groupe de jeu bilingue en soirée! Ce groupe de jeu est ouvert à toutes les familles, responsables de garde et tuteurs et leurs enfants de 0-6 ans.

Des activités spéciales seront proposées lors du groupe de jeu en soirée aux dates suivantes:

- ⇒ **le 11 septembre: Ces drôles de sentiments** - Les émotions peuvent être délicates pour les jeunes enfants, en particulier au début de l'année scolaire. Joignez-vous pour des activités qui aideront les enfants à reconnaître et à exprimer leurs émotions.
- ⇒ **le 25 septembre: Amusons-nous avec les couleurs**— Accompagnez les jeunes enfants dans leur apprentissage des couleurs.

Children's Garden Community Meet-up ★

Come explore the garden! We will have an art activity, simple games, garden sampling, a bug hunt and more. Please dress for the weather. [REGISTER NOW!](#)

Story time with the Librarian (During Fairlea Playgroup)

Join a librarian from the Ottawa Public Library as she facilitates circle time with songs, stories and rhymes!

Intergenerational Art Group (Perley Rideau Veteran's Health Centre) ★

An opportunity to come together with the seniors at the Perley to explore our creative side through visual arts. [REGISTER NOW!](#)

Car Seat Safety Discussion (During Baby and Me Playgroup)

Bring your questions about car seat safety, as we will have a Best Fit representative from the Ottawa Safety Council available during Baby & Me Playgroup!

Urban Explorers (Outdoor drop-in program)

Join us this fall for our EarlyON Urban Explorers nature-based program that provides opportunity for unstructured child-led play! Based on our popular "Forest and Nature Club", children will have an opportunity to play, build, investigate, observe and above all, be in nature. Enjoy some time outside with your little ones and explore nature as it transitions from summer to fall!

Les Explorateurs urbains (Programme en plein air)

Joignez-vous à nous cet automne pour notre programme axé sur la nature. Les Explorateurs urbains qui offre des expériences d'apprentissage pratiques, menées par l'enfant! Basés sur notre programme « Forest and Nature Club », les enfants auront l'opportunité d'explorer, manipuler, construire, créer, observer et surtout d'être immergé dans la nature. Profiter du temps passé avec vos petits et explorer la nature et toute sa beauté en transition de l'été à l'automne!

Managing Routines and Transitions Information session (During Don Reid Playgroup)

Daily routines help families get through everyday tasks. They also help with transitions that happen everyday such as getting ready to leave the house or getting ready for bed. When you give your children the gift of predictability and consistency, they feel more secure and more likely to develop self help skills. Come and speak to an Early Years Educator and get tips and resources on how you can achieve this at home! Les questions peuvent être posées en français.

Infant Sleep Discussion (During Baby & Me Playgroup)

A registered Public Health Nurse will be available during playgroup to answer questions and provide information on healthy sleep habits for infants.

OCTOBER | OCTOBRE

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Workshops with this star require registration.  Register by clicking the links provided in the PDF Calendar or by calling 613.737.6369		1	2 Evening Playgroup Special Activity: Math is all around us 5:30—7:30 pm	3 Urban Explorers Parc Balena Park 1640 ave. Devon Avenue 9:30—11:00 am	4	5
6	7	8	9 Evening Playgroup 5:30—7:30 pm	10 Urban Explorers Parc Russell Boyd Park 1735 rue St. Bernard Street 9:30—11:00 am	11 Nature Walk McCarthy Woods Trail 9:30—11:00 am 	12
13	14 CLOSED/FERMÉ Thanksgiving Action de grâce 	15	16 Evening Playgroup Special Activity: Kindness 5:30—7:30 pm	17 Little Bookworms 600—700 Industrial Ave, 9:30—11:00 am 	18	19 Positive Discipline Information Session During Don Reid Playgroup 9:00—11:30 am
20	21 Storytime with the Librarian Baby & Me Playgroup 2:00—2:30 pm	22 First Words Visit Fairlea Playgroup 9:00—11:00 am	23 Evening Playgroup 5:30—7:30 pm Toilet Learning 6:00—8:00 pm 	24 Intergenerational Art Group  Perley Rideau 1750 Russell Rd. 10:00—11:00 am	25	26
27	28 Dental Hygienist Visit Baby & Me Playgroup 2:30—3:00 pm	29	30 Evening Playgroup Special Activity: Halloween Literacy Party 5:30—7:30 pm	31 Playdough party Don Reid Playgroup 9:00—11:30 am	Inscription requise pour ateliers avec cette étoile.  Inscrivez-vous en utilisant les liens fournis dans le calen- drier PDF ou en appelant le 613.737.6369.	

Evening Playgroup

Join us every Wednesday for our evening bilingual drop-in playgroup! The playgroup is open to all families, providers and guardians and their children 0-6 years of age. Special activities will be offered during the evening playgroup on the following dates:

- ⇒ **October 11th: Math is All Around Us**—Children are invited to experience the magic of math all around us! A variety of hands-on activities will provide an opportunity for your child to discover math in their environment.
- ⇒ **October 16th: Kindness**—A variety of activities will be available to show children how easy and rewarding it is to express kindness and appreciation on a daily basis.
- ⇒ **October 30th: Halloween Literacy Party**—Children are invited to wear a costume, fun Halloween activities will be available.

Groupe de jeu en soirée

Rejoignez-nous les mercredis pour notre groupe de jeu bilingue en soirée! Ce groupe de jeu est ouvert à toutes les familles, responsables de garde et tuteurs et leurs enfants de 0-6 ans. Des activités spéciales seront proposées lors du groupe de jeu en soirée aux dates suivantes:

- ⇒ **le 11 octobre: Les mathématiques nous entourent** - Les enfants sont invités à découvrir la magie des mathématiques tout autour de nous! Une variété d'activités pratiques donnera à votre enfant l'occasion de découvrir les mathématiques dans son environnement.
- ⇒ **le 16 octobre: Gentillesse** - Diverses activités seront disponibles pour encourager aux enfants l'importance de la gentillesse.
- ⇒ **le 30 octobre: Fête de l'alphabétisation pour Halloween** - Les enfants sont invités à porter un costume. Des activités amusantes pour l'Halloween seront disponibles.

Urban Explorers (Outdoor drop-in program)

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Nature Walk at McCarthy trail

Let's enjoy the beauty of fall, as we explore the McCarthy Woods trail! We will walk the trail, take part in fun activities along the way and finish off with a light snack and a story. [REGISTER NOW!](#)

First Words Visit (During Fairlea Playgroup)

Come talk to a bilingual outreach educator from the First Words Program about your child's speech and language development or any concerns you may have. *Les questions peuvent être posées en français.*

Story time with the Librarian (During Baby & Me Playgroup)

Join a librarian from the Ottawa Public Library as she facilitates circle time with songs, stories and rhymes!

Dental Hygienist Visit (During Baby and Me Playgroup)

Join a Dental Hygienist to discuss how to care for your little ones teeth. Information and resources are available to learn more about your child's dental health.

Intergenerational Art Group (Perley Rideau Veteran's Health Centre)

An opportunity to come together with the seniors at the Perley to explore our creative side through visual arts. [REGISTER NOW!](#)

Toilet Learning

Be pro-active in your approach to toilet learning. Better understand the signs of readiness to ensure a smooth transition from diapering. This workshop compiles current research with a respectful approach to this important milestone. *Cet atelier aura lieu en anglais mais les questions peuvent être répondues en français.* [REGISTER NOW!](#)

Little Bookworms: In the Middle of Fall (600—700 Industrial Ave.)

For children 2 1/2—5 years of age and their parents/guardians and/or caregivers. A perfect opportunity for you and your child to enjoy the magic of books! Join us for this wonderful story about exploring the sounds, sights, smells, and textures of a new season. Children will have the opportunity to participate in activities related to the book. [REGISTER NOW!](#)

Positive Discipline Information Session (During Don Reid Playgroup)

Join an early years educator during playgroup to discuss the many ways you can support challenging situations with your child without using the time out method. Positive discipline strategies will be shared to help guide children's behaviour in a positive manner. *Les questions peuvent être posées en français.*

Playdough Party (During Don Reid Playgroup)

Wear your costume to playgroup and enjoy some frightfully fun playdough activities!

Fête de la pâte à modeler (Pendant le groupe de jeu à Don Reid)

Portez votre costume au groupe de jeu et profitez d'activités de pâte à modeler terriblement amusantes!