

Andrew Fleck Children's Services



Stittsville Program Statement

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This statement sets forth our Program Goals and Approaches to plan for and create positive learning environments and experiences that support the learning and development of the children attending our program. We are confident in the quality of our programs and our ability to ensure high quality experiences that lead to positive outcomes in relation to your children's learning, development, health and well-being. Our program is structured to be responsive to each individual child's development. We view each child as being competent, curious and capable of complex thinking. We provide a supportive environment that encourages positive social interactions and an understanding of each child's uniqueness

Our program promotes inquiry-based learning by reflecting on the interests and ideas of the children as well as the Educators. Our Early Childhood Educators plan the environment to guide the children's learning, enhance their knowledge and meet their individual developmental needs, ensuring that children and families have a sense of:

- Belonging
- Well-being
- Engagement
- Expression

These are the four Foundations identified in 'How Does Learning Happen?' Ontario's Pedagogy for the Early Years. For more information regarding '*How Does Learning Happen?*' please see the following website

<http://www.edu.gov.on.ca/childcare/pedagogy.html>

1. To promote the health, safety, and well-being of the children.

Understanding that children's present and future well-being is influenced by their ability to self-regulate, our programs focus on supporting children's development of self-regulation capacities. We arrange our environments to reduce the factors that may be causing stress for children and encourage children to engage in activities that enhance calmness and involve an element of manageable risk (appropriate for children's varied capabilities).

We emphasize exploration and play that engages the body, mind and senses by being active and engaged participants in the child's explorations and learning. We have established strong partnerships with various stakeholders to better support the mental health and well-being of families and children.

2. To promote responsibility for self and others by encouraging the children to interact and communicate in a positive manner and support their ability to self-regulate and support positive and responsive interactions among the children, parents and staff.

The emotional and physical well-being of children in our care is a priority of Andrew Fleck Children's Services. Developing relationships of mutual respect and trust that are

positive, responsive, and nurturing is of paramount importance. Understanding that not all communication is verbal, we support the children to communicate in different forms and create and maintain a language rich environment by providing opportunities for children to explore literacy, music and other symbolic languages to support self-expression.

For the younger children, educators get down to the child's level, use active listening skills and recognize the child's attempt to communicate, valuing their input. We identify what the child is feeling and let them know that they are being heard and assist with expression by labelling emotions and/or expressions. Educators refrain from using 'directive' language, and instead consciously use joint dialogue.

For our older children in kindergarten and school age particularly, we use active listening skills to facilitate and encourage their communication with their peers and adults in sharing ideas, expressing their feelings and resolving issues. The use of visuals within our program assists the children in understanding the routines and expectations of the program. When needed, we will include the use of PECS (Picture Exchange Communication System).

Only forms of positive behaviour guidance with emphasis on discussion, encouragement and positive reinforcement are used by all staff. The intention must always be in partnership with parents to assist children in being successful in all interactions. We support our children in developing skills for self-regulation, self-confidence and ultimately, self-discipline and sensitivity in their interactions with others.

Educators respond empathically to all children and try to identify and decrease the stressors that a child may be feeling. We use a collaborative approach with the children to identify the children's emotions and solve problems providing supportive options to solve a problem. The desired behaviour will be stated clearly and positively, and open communication will be encouraged and supported.

If a child continues to experience difficulty, the Educators may redirect him/her to another area to play. If the child is still requiring support, he/she may be encouraged to use the calm down area or calm down bag with staff support to regain self-control. Our calm down area is an area, where children may go to have a quiet moment to read a book, use self-regulating equipment such as squeeze balls or noise reduction head phones or any other items that support the child's ability to self-regulate. The Calm down bag is used in the Kindergarten and school age programs and children will chose a quieter area in the gym, classroom or outside yard.

All staff work within the Standards of Practice and Code of Ethics as put forth by the College of ECE and the AFCS 'Statements of Practice and Guiding Principles.' Staff "interact with colleagues and other professionals in ways that demonstrate respect, trust and integrity. Through their conduct, Early Childhood Educators strive to enhance the status of the profession in their workplaces and in the wider community."

3. To create environments that foster the children's exploration, play and inquiry and plan for positive learning environments and experiences in which each child's learning and development is supported ensuring that both child-initiated and adult-supported experiences are available.

When designing our environments: educators are co-planners with the children, supporting decision making and inquiry base learning, curiosity and risk taking. Educators are actively engaged in the play with children and provide opportunities for the children to ask questions, solve problems, test and revise and communicate their theories.

We are purposefully curious rather than acting as the expert and focus on what the child is 'doing' rather than the object they are using, to determine what it is they are trying to understand and what they are investigating. Kindergarten and School Age children are a big part of the planning process; sharing ideas and activities that are of interest to them. We use thought provoking questions; how, why questions, to explore cause & affect with children.

We support and encourage children's choice and follow their lead/interest and value their voice. We support the children's inquiries by providing enough materials so that there is a sufficient amount for all children and the materials are able to be rotated and are easily accessible, which the children can move freely from one play area to another. Materials are open ended 'loose parts' and support the children's investigation and support the learning and development of each child. Kindergarten and school age children participate in determining the materials and projects they want in their environment.

Educators and children work together to expand on investigations. We complete and post Pedagogical Documentation; pictures, written observations identifying the ongoing learning that is occurring, videos, audio recordings etc. and share these with the children and families.

We understand that the Environment is the 'third teacher' and we develop environments for children to thrive in; that invite them to investigate, imagine, think, create, solve problems, and make meaning from their experiences and support children's growing autonomy and independence.

At different times throughout the year there may be interests /inquiries that are occurring when a child may want to share their own items from home. We encourage the sharing of these items based upon the inquiry taking place. We support items being brought into the Centre as long as they are supporting the learning and inquiry that is occurring; however please be note that we cannot be held responsible for lost or damaged items and items must be restricted to non-violent, cooperative type toys. War toys, weapons, etc. are strictly prohibited.

4. To offer flexible, responsive programming which incorporates indoor and outdoor play, as well as active play, rest and quiet time, into the day, and give consideration to the individual needs of the children receiving child care.

Respecting that each child will have their own unique skills and attributes, our Early Childhood Educators nurture and foster the growth of maturity and independence by providing opportunities for each child to contribute to his/her learning and an appreciation of and respect for our natural environment. We are committed to establishing natural outdoor play spaces that support the development of sensory, motor and cognitive skills in all children and are active outdoor participants with the children in exploring the environment.

We encourage the children to explore and take risks, ensuring that we are assessing all risks, by group discussions. As described in *'How Does Learning Happen?'* "research suggests that allowing children to actively explore and investigate what they are naturally curious about, to test their limits, take manageable risks appropriate for their age and abilities, and engage in creative problem-solving is critical for children's physical and mental health and well-being."

As per the *Child Care and Early Years Act* children who are in care for 6 hours or longer such as our preschool children must have at least 2 hours (AM & PM) of outdoor play daily, weather permitting. Our Kindergarten and School age program spend a minimum of 30 minutes outdoors before and/or after school per day. On non-school days, Children are outside for a minimum of an hour in the AM and an hour in the PM, weather permitting.

As an agency, we support the following Position Statement on active outdoor play <https://www.halloresearch.ca/outdoorplay/>.

We strive to provide as many opportunities as possible for children to experience nature and the outdoors in order to enhance their sense of wonder and joy in the world around them. We consider the humidex, wind chill temperatures, UV Index and the Air quality when planning for outdoor play and follow all Ottawa Public Health or Environment Canada weather advisories or recommendations.

Quiet rest time is important for children's health and ability to develop self-regulation skills. For our Toddler and Preschool children who are in care for more than 6 hours per day, a 1-hour rest period is required. The children may sleep up to 2 hours if needed. Each child will be assigned their own cot /mat and it will be labelled with their name. All cots/ mats are disinfected weekly. Staff performs visual checks on all children periodically throughout rest time and these are documented in the daily log book. Any changes in the child's sleeping patterns or behaviours will be communicated with parents. Any sleep preferences that are identified at intake or communicated by parents will be documented in daily log book. Children can bring in a small pillow, blanket, and a cuddly toy from home for this period. Understanding that some of the children do not require an actual 'nap' we encourage 'quiet time' where children can rest quietly on

their cots and be provided with books or other quiet activities. There is an early waker's program for the children.

On PD days and throughout the summer our kindergarten children have the opportunity to rest for 30 minutes and/or sleep for an hour. Quiet activities are available to those who do not sleep. School age children are given an opportunity for "down time" with quieter activities such as reading and/or games.

To ensure the safety of the children, ratios are maintained at all times during outdoor play and during the day, excluding sleep time for 2 hours, 90 minutes at the beginning of the day and 1 hour before the end of the day. During these hours, we are permitted to use 2/3 ratios.

5. To build supportive partnerships with children and families; fostering the engagement of ongoing communication with parents about the program and their children.

Families play an integral part in their child's learning and one of the guiding principles at Andrew Fleck Children's Services is engaging families as partners in their child's early learning. Our program has an open-door approach for parents and they are welcome to visit at any time during program hours.

We provide an orientation period for all new children and families. This will ensure a positive and engaged integration period for children and families and support our families to gain a better understanding of the program. The first couple of days should only be half days for your child so that they may have a slow integration. It is recommended that the parent stay with their child on the first two days. It is also a time for you to meet with your child's primary Educator to review your child and family history. Each child will adapt at their own speed and some children may need their parents staying for a little while each day to offer encouragement and security. Please plan on spending a few minutes in the morning to settle your child before leaving for the day. Always check in with a staff member in the morning and remember to say goodbye to your child and reassure them that you will be back.

During your child's integration period, Educators will provide regular verbal updates regarding your child. Please feel free to discuss any concerns you may have with a staff member at any time. Educators are part of a team, however, a Primary RECE is assigned to each new family. Information will be provided to parents about day to day events. Educators are available for meetings during the year to share the learning that is occurring.

We value that parents are their child's primary caregiver and we are committed to a mutually respectful relationship with all families and welcome your questions at any time. Please do not hesitate to approach us to schedule a mutually convenient time to discuss your questions or concerns.

To easily record and document your child's learning, and to provide you with the opportunity to experience and engage more in your child's day, we utilize an on line tool called StoryPark.

Storypark provides an overview of the children's learning that invites families to enjoy in the events of the day and encourages interactions and engages them in their child's learning.

All parents will sign an agreement of understand for the use of Storypark. To learn more, you can go to www.storypark.com.

We urge parents to keep informed of Centre activities and news by reading the Centre newsletters as well as notices posted on our parent bulletin boards and the Storypark Community page.

6. To involve local community partners and allow those partners to support the children, their families and staff.

Encouraging and developing community partnerships strengthens our abilities to meet the needs of all our children and families. Our Program supports any needed collaboration with community partners for the benefit of all children.

Our children with special needs are supported through Children's Integrations Support Services. The Resource Consultant provides consultative support on an ongoing basis to our programs by suggesting strategies for adapting activities and providing training to ensure a positive inclusion experience for everyone. Using a team approach, the Resource Consultant facilitates the development of a functional Team Service Plan to implement the child's individual plan to meets the expectations as set forth by the Program.

Our educators create opportunities for the children to visit local parks, take nature walks, scavenger hunts in the neighborhood and trips to the local creek to feed the ducks. Community walks are an important component as they provide the children with the opportunity to engage with their community; to build relationships and an understanding of those around them. This provides the children with a sense of belonging. To ensure safety, there are always 2 or more staff off site with the children at all times and ratios are always maintained.

Other adventures in the community include the skating rink, splash parks, farms, Red and Black Stadium, Senators practice, Granite Ridge Specialty care intergenerational visitand more. Visitors (some of them being parents) serving the community are invited on an ongoing basis- the librarian, the fireman, the policeman (bike safety, training police dogs), paramedics, and military officers. There are also opportunities for sessions of dance, drumming, magic and Lego events where the children are active participants.

As we are located in the Stittsville Public School we do have an ongoing collaboration with the school staff- teachers, ECE, principal, office staff and custodians in providing for the children and families of the community. The school actively involves the children and families to participate in fundraising and projects for the community – snow suit, food bank, wish foundation, Toy Mountain, making mats from milk bags. We too, support and share in these projects.

We support our families to connect with community resources by posting information on the parent board on upcoming workshops and events – parenting workshops, upcoming opportunity of music shows, storytelling, getting ready for Kindergarten testing and getting eye glasses, etc.

7. To support continuous professional learning.

Our Early Childhood Educators value lifelong learning and commit themselves to engaging in continuous professional learning to enhance their practice. The Group Care Staff meet bi-annually for professional learning opportunities. Each program (Toddler, Pres-school, and School-Age) meets on a weekly basis to review how their program implementation is meeting the children’s needs.

The staff continually take advantage of workshops, courses and other opportunities in order to upgrade their skills and develop new areas of expertise. Internal Module Trainings have been developed to support staff in their professional development and to meet their personal Continuous Professional Learning Plan as required by the College of ECE’s. Our team is very committed to the welfare and development of children, and is always available for consultation, information, and resources.

As per the regulations set forth in the *Child Care and Early Years Act*, we must document and review our strategies to ensure that we are meeting the needs of the children and families within our care. To meet this requirement, we will:

- Develop and circulate an annual parent survey, to all parents whose children are enrolled in our program.
- Registered Early Childhood Educators will solicit feedback at parent / teacher meetings held twice per year.
- Bi-annually at Program Team meetings, strategies will be reviewed and documented by the program staff.

All staff, supply staff, students and volunteers are expected to review the program statement prior to interacting with the children and implement the approaches set out in the statement. All staff will review the Program Statement annually and at any time when the program statement is modified.

All Andrew Fleck Children’s Services programs share a philosophy that supports the right of every child and family to expect and receive the highest quality of child care that we can offer. We are committed to providing a high quality, diverse and inclusive early learning program for all children.

On behalf of Andrew Fleck Children's Services we welcome you and your child to the Stittsville Program and appreciate that you have chosen our program for your child. Should you ever have any questions please feel free to contact Tammy Potter, the Program Coordinator at 613-836-0325 or Lyne Tremblay, Program Manager at 613-736-1913 ext. 278