


EarlyON Central South

February Programming Calendar

EarlyON centres offer FREE drop-in programs for families, caregivers and children from birth to 6 years of age.

<p>Main Location: 2330 Don Reid Drive, Ottawa, ON</p> <p>For more information, you can call us at 613-737-6369 or send an email to earlyonottawasouth@afchildrensservices.ca</p> <p>Hours of operation:</p> <p>Monday-Friday 8:30am-4:30pm</p> <p>Wednesday evening: 5:30pm-8:00pm</p> <p>Saturday morning: 8:30am-12:00pm</p>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Morning					
	Ages 0-6 Playgroup 9:00-11:30					
	Afternoon					
	<p>Baby & Me 1:30-3:30</p> <p>*For infants from 0-12 months of age</p>	<p>Ages 0-6 Playgroup 1:30-3:30</p>	<p>No Programs</p>	<p>Baby & Me 1:30-3:30</p> <p>*For infants from 0-12 months of age</p>	<p>Ages 0-6 Playgroup 1:30-3:30</p>	

Reminders



**Scent Free
 Environment**

**Nut Free
 Environment**

**Shoes Required
 Indoors**

parenting in Ottawa drop-in!

On Monday's from 1:00-3:00pm, Public Health Nurses will be at our Don Reid location to offer support for breastfeeding and answer questions on healthy development for children 0-6 years of age.

EarlyON Child and Family Centre and all off-site locations will be closed Monday, February 20th for Family Day!

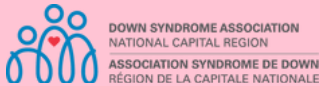


Off-Site Playgroup Locations	Monday	Tuesday	Wednesday	Thursday	Friday
Trainyards Playgroup 600-700 Industrial Avenue		9:00-11:15			9:00-11:15
Mclean Cooperative Playgroup 343 Parkin Circle	9:00-11:15			9:00-11:15	
Hunt Club Riverside Playgroup 3320 Paul Anka Drive	9:00-11:15 *North Gym 9:00-10:00 am		9:00-11:15 *North Gym 9:00-10:00 am		9:00-11:15 *North Gym 9:00-10:00 am

Forest & Nature Outdoor Playgroup		Open Air Outdoor Playgroup	
Location	Tuesday Mornings 9:30 - 11:00 am	Location	Wednesday Mornings 9:30am-11:00am
Coronation park 442 Coronation Ave	February 7th February 14th February 21st February 28th	Billings Park 485 Billings Ave	February 8th February 22nd
		Owl Park 215 Owl Park	February 1st February 1st 15th




Around the Rainbow Playgroup
 The playgroup is for 2SLGBTQ+ families and families with young gender-diverse children, between the ages of 0 - 6 years old.
 Date and time: February 4th from 1:00 - 4:00 pm



DSA-NCR Playgroup
 This playgroup is open to members of the DSA-NCR. Please pre-register using the link provided.
<https://dsanrcr.com/page-1825066>
 Date and time: February 12th from 10:00 am - 1:00 pm

Virtual Discussion:

When Children Behave in Challenging Ways: Guiding and Teaching Your Child Through Positive Discipline

Date: Wednesday, February 22, 2023
 Time: 7:00pm-8:30pm

To register please fill out this JotForm:
<https://form.jotform.com/230266302096248>

Children's behaviour is a way of communicating with adults. Our responses to challenging behaviours can significantly impact our relationship with a child.

Join our virtual session to discuss positive discipline strategies that will help you guide and support your child's behaviour in different situations and strengthen your connection with them. We will also discuss strategies to help children gain social skills, be independent, become better problem solvers, and respect themselves and others.

Toy Library

This is a free service for families offered at our Don Reid location. Come in to browse our selection of books and toys for children ages 0-6.

For more information you can email us at:
toyllibrary@afchildrenservices.ca

Hours of operation:

Tuesday:
 9:00-11:45am
 1:30-3:30pm

Wednesday:
 5:30-7:45pm

Saturday:
 8:45-11:45am

