

# EarlyON Central South

## January Programming Calendar

EarlyON centres offer FREE drop-in programs for families, caregivers and children from birth to 6 years of age.

**Holiday closures this month: Monday January 1**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning					
<b>Ages 0-6 years Playgroup</b> 9:00-11:30 2330 Don Reid Dr	<b>Ages 0-6 years Playgroup</b> 9:00-11:30 2330 Don Reid Dr	<b>Ages 0-6 years Playgroup</b> 9:00-11:30 2330 Don Reid Dr	<b>Ages 0-6 years Playgroup</b> 9:00-11:30 2330 Don Reid Dr	<b>Ages 0-6 years Playgroup</b> 9:00-11:30 2330 Don Reid Dr	<b>Ages 0-6 Playgroup</b> 9:00-11:15 2330 Don Reid Dr
<b>Intergenerational Perley Health</b> 1750 Russell Rd 9:15-11:15	<b>Trainyards</b> 600-700 Industrial Ave 9:00-11:30	<b>McLean Cooperative</b> 343 Parkin Circle 9:00-11:15	<b>McLean Cooperative</b> 343 Parkin Circle 9:00-11:15	<b>Intergenerational Perley Health</b> 1750 Russell Rd 9:15-11:15	
<b>Hunt Club Riverside</b> 3320 Paul Anka Dr. *North Gym 9:00-10:00 am *Playroom 10:00-11:30	<b>Forest &amp; Nature at Coronation Park</b> 9:30 - 11:00 <a href="#">*click here for meet up location</a>	<b>Hunt Club Riverside</b> 3320 Paul Anka Dr. *North Gym 9:00-10:00 am *Playroom 10:00-11:30	<b>Forest &amp; Nature at Coronation Park</b> 9:30 - 11:00 <a href="#">*click here for meet up location</a>  <b>Trainyards</b> 600-700 Industrial Ave 9:00-11:30	<b>Hunt Club Riverside</b> 3320 Paul Anka Dr. *North Gym 9:00-10:00 am *Playroom 10:00-11:30	
Afternoon					
<b>Baby &amp; Me</b> 2330 Don Reid Dr 1:30-3:30  <b>*O-12 months of age</b>	<b>Ages 0-6 Playgroup</b> 2330 Don Reid Dr 1:30-3:30	<b>No Program</b>	<b>Baby &amp; Me</b> 2330 Don Reid Dr 1:30-3:30  <b>*O-12 months of age</b>	<b>Ages 0-6 Playgroup</b> 2330 Don Reid Dr 1:30-3:30	<b>No Program</b>
<b>Trainyards Baby &amp; Me</b> 600-700 Industrial 1:30-3:30  <b>*O-18 months of age</b>			<b>Trainyards Baby &amp; Me</b> 600-700 Industrial 1:30-3:30  <b>*O-18 months of age</b>	<b>Trainyards Baby &amp; Me</b> 600-700 Industrial 1:30-3:30  <b>*O-18 months of age</b>	

**Our Intergenerational Playgroup will resume on Monday January 15th.**

**[To learn more about our different programs click here](#)**

### Reminders



**Scent Free  
Environment**



**Nut Free  
Environment**



**Shoes Required  
Indoors**

**DISCLAIMER: All playgroups are  
subject to cancellations.  
Subscribe to our emailed  
newsletter or follow us on  
Facebook for the latest news.**



### Around the Rainbow Playgroup

The playgroup is for 2SLGBTQ+ families and families with young gender-diverse children, between the ages of 0 - 6 years old.

January 6th, 2024, 1:00 pm - 4:00 pm



On Monday's from 1:00-3:00pm, Public Health Nurses will be at our Don Reid location to offer support for breastfeeding and answer questions on healthy development for children 0-6 years of age.



DOWN SYNDROME ASSOCIATION  
NATIONAL CAPITAL REGION  
ASSOCIATION SYNDROME DE DOWN  
RÉGION DE LA CAPITALE NATIONALE

### DSA-NCR Playgroup

This playgroup is open to members of the DSA-NCR. Please pre-register using the link provided.

<https://dsanrc.com/page-1825066>

January 14th, 2024 10:00 am - 1:00 pm

**Our Intergenerational Playgroup  
will resume on Monday January  
15th.**

### Hours of operation:

**Monday-Friday** 8:30 - 4:30

**Saturday** 8:30 - 12:00

### Toy Library hours:

**Thursday** 9:00 - 11:45 & 1:30 - 3:30

**Saturday** 8:45 - 11:45

For more information, you can call us at

**613-737-6369**

send an email to

**[earlyonottawasouth@afchildrensservices.ca](mailto:earlyonottawasouth@afchildrensservices.ca)**

or visit our website at

**<https://www.afchildrensservices.ca/earlyon-child-and-family-centre/>**

