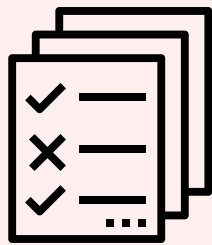


INCLUSION STRATEGIES & TOOLS

FLEXIBILITY

BE OPEN TO MAKING CHANGES.

- 1 LET GO OF ONE RULE OR EXPECTATION



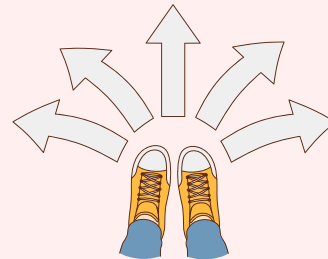
- 2 ALLOW CHILDREN TO MOVE OR LEAVE DURING GROUP TIME



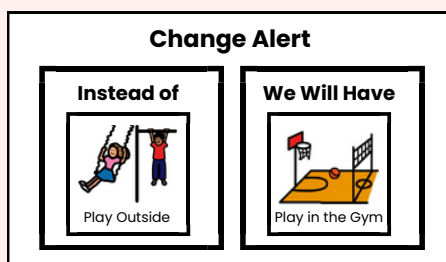
- 3 STAY OUTDOORS LONGER



- 4 PROVIDE CHILDREN CHOICES



- 5 SWITCH UP THE SCHEDULE OR ROUTINE



- 6 SING DURING WAIT TIMES OR PROVIDE FIDGETS OR BOOKS



WHAT

The ability for the adult to:

- Shift their mindset from one situation to the next
- Quickly explore alternatives
- Accommodate the needs of the children

WHY

- It makes it easier for ourselves and the children
- It can de-escalate a potential explosive behaviour
- Collaboration builds trust

WHEN

- As situations arise, take cues from the children and assess what part is flexible
- When a limit or expectation is above or below the child's capability
- Children are having fun and engaged in exploration

HOW

- Be calm
- Listen actively
- Reduce demands and expectations or adapt rules
- Validate feelings
- Follow through with the *new* plan

OTHER IDEAS:

- Shorten circle or group time
- Have lunch or group time outside
- Play until the lunch trolley arrives, then tidy up, wash hands and eat
- Adapt nap time by providing a space for the children who don't sleep
- Focus on connection— don't stress about teaching self-help skills
- Lower expectations or eliminate expectations if loss of control is anticipated