

CISS Training Descriptions



To request one of these trainings, visit our website at www.ciss-afcs.ca or click [here](#) to fill a request form and email it to ciss-sije@afchildrensservices.ca.

IN-SERVICE TRAININGS

The following trainings are available to teaching teams working in Ottawa-based licensed child care settings. These trainings cover a range of topics related to promoting inclusion in child care. They are offered free of charge and can be delivered in person or virtually, unless otherwise indicated.

Autism ([webinar available - 25 minutes](#))

This 2-hour presentation explores characteristics and considerations for children with Autism. Teaching teams will gain knowledge about Autism and learn about strategies, environmental adaptations, and resources to help meet individual and group needs in a child care setting.

Attention Deficit Hyperactivity Disorder (ADHD) ([webinar available – 40 minutes](#))

This 2-hour presentation describes characteristics and considerations for children with ADHD. Teaching teams will gain knowledge about ADHD, learn strategies, environmental adaptations, and resources to help meet individual and group needs in a child care setting.

Belonging and How It Is Impacted by Implicit Bias in Early Childhood

This 90-minute workshop provides an interactive opportunity to reflect on implicit biases and how these can impact perceptions and practices. Teaching teams will explore how to discover embedded implicit biases within programs and learn strategies to increase awareness.

Blind Low Vision ([webinar available – 30 minutes](#))

This 1-hour presentation describes characteristics of Blind Low Vision. Teaching teams will gain knowledge of Blind Low Vision, learn strategies, environmental adaptations, and resources to help identify and meet individual needs in a child care setting.

The Brain Architecture Game

Through a hands-on group game, this 90-minute workshop explores how life experiences can promote healthy brain development or derail it. Participants will discover the critical role educators play in supporting children's development and setting them up for lifelong success.

Cerebral Palsy

This 90-minute presentation describes the characteristics and considerations for Cerebral Palsy. Teaching teams will gain knowledge on Cerebral Palsy and explore strategies, environmental adaptations, and resources to help identify and meet individual needs in a child care setting.

CISS Supports & Services

This 1-hour presentation highlights services available through CISS to help build capacity and meet the needs of all children. Explore key elements for developing collaborative relationships between families, educators and community partners, while defining successes and related challenges.

Connecting with Families

This 90-minute interactive workshop explores strategies that support meaningful relationships with families. Teaching teams will reflect on how to build ongoing connections, share observations and resources, discuss children's needs, and work together to promote positive outcomes.

Connection - The Key to Secure Attachment

This 90-minute interactive workshop explores the critical role connection plays in building secure attachment. Through discussion, reflection, and true-or-false activities, participants will deepen their understanding of secure attachment and explore practical strategies to foster it.

Down Syndrome

This 90-minute presentation describes characteristics and considerations for children with Down Syndrome. Teaching teams will learn about Down Syndrome and explore strategies, environmental adaptations and resources to identify and meet individual needs in a child care setting.

Enhanced Staff Support ([webinar only](#))

In under 10 minutes, this webinar explains the temporary role and responsibilities of the Program Assistant in supporting inclusion. Viewers will learn how Program Assistants collaborate with teaching teams to implement inclusive strategies and support children's individual needs.

Inclusion ([webinar available - 35 minutes](#))

This one-hour presentation explores diversity, equity, and inclusion in early learning environments. Participants will reflect on their experiences and values while exploring practical strategies to create inclusive environments that value every child, family, and member of the teaching team.

Inclusive Practices: A Self-Reflection Journey

This online, self-directed training on inclusion allows participants to progress through this course at their own pace, allowing them to go through the lessons at their convenience. Register now to complete this online course: https://form.jotform.com/ciss_sije/IP2022

Promoting Social Skills for School-Age Children

This 1-hour presentation explores how the environment influences interactions between school-age children. Participants will reflect on their current practices while exploring practical strategies to support friendship, social skills, and positive peer interactions.

Promoting Social Skills for Toddlers and Preschoolers ([webinar available - 40 minutes](#))

This 1-hour presentation explores how the child care environment influences toddlers' and preschoolers' social interactions. Teaching teams will explore practical strategies to support positive interactions and foster attachment in their programs.

Reflective Programming (*two version available: school-age and early years*)

This 2-hour training explores the "why" behind reflective programming. Teaching teams will explore practical strategies like loose parts, risky play, and outdoor programming, to create engaging, responsive learning environments that strengthen relationships and reduce challenging behaviour.

Safety Plan

This 2-hour workshop explores the purpose of a Safety Plan and its importance in child care settings. Teaching teams will reflect on their responses to challenging behaviour, recognize stages of escalation, and explore strategies to safely intervene when faced with unsafe behaviours.

School Age I Can (SAIC)

SAIC is a dynamic in-person program that empowers school-age children with tools for their well-being. It promotes skill-building through five themes: I Can 1) Breathe 2) Communicate 3) Feel 4) Empathize 5) Problem Solve. These are explored through group games, role play, stories, discussions, art, and mindfulness activities. Sessions range from 30-45 minutes, with 30 minutes for facilitator setup.

Self-Help (*two versions available: toddler/preschool or school-age*)

This 90-minute presentation explores self-help and introduces ways to encourage it throughout the day. Teaching teams will reflect on daily routines (e.g., mealtimes, transitions, dressing, etc.) and explore practical strategies to promote the development of self-help skills.

Sensory Processing

This 90-minute presentation explores sensory processing and how it impacts children's behaviour, including engagement and skill development. Teaching teams will learn about key considerations, environmental adaptations, and strategies to support regulation throughout the day.

Setting Up for Success ([webinar available – 40 minutes](#))

This 2-hour presentation explores the connection between the environment and children's behaviour. Teaching teams will explore practical strategies related to physical spaces, routines and transitions, educator responses, and programming to help promote positive outcomes.

Setting Up for Success School-Age

This 2-hour presentation explores the connection between the environment and children's behaviour in school-age settings. Teaching teams will explore key strategies and considerations related to before and after school programs, day camps, and shared spaces.

Strategies for Early Communicators

This 90-minute in-person workshop explores key elements of speech and language development through hands-on activities. In small groups, teaching teams will practice effective strategies for promoting children's communication skills through play and daily routines.

Transition to School ([webinar only](#))

This 20-minute webinar explores key considerations for the transition to school. Participants will learn the terminology and acronyms used by school boards, the different placement options available and how teaching teams and families can collaborate to support the process.

Using Signs - A Bridge to Communication

This 1-hour presentation explores the importance and benefits of using sign language in child care settings. Teaching teams will gain knowledge, skills, and tools to begin incorporating signs into their programs. A short interactive activity will introduce basic signs.

Visual Strategies ([webinar available – 33 minutes](#))

This 1-hour presentation explores the importance and benefits of using visuals to support children's needs. Teaching teams will explore ways to incorporate visuals in their child care settings to promote skill development, support communication, and reduce challenging behaviours.

Working Together - Promoting Positive Behaviour

This 2-hour presentation dives into important considerations for why challenging behaviours happen and how to respond. Through videos, discussions, and reflective practices, teaching teams will learn simple strategies that effectively prevent and decrease challenging behaviours.

MODULE TRAININGS

This four-part series explores the four components of the child care environment: physical space; structure, routines and transitions; educator response; and programming. Modules can be taken in any order and are offered in person to teaching teams, free of charge.

Module 1 — Physical Space: Setting Up Great Spaces for Everyone

This 3-hour interactive workshop explores how the physical space influences children's experiences, behaviours, and participation. Teaching teams will reflect on their current environments, build on their strengths, and explore how intentional changes to the physical space can support inclusion, engagement, and learning for all children.

Module 2 — Dynamic Programs: Effective Structure and Transitions

This 3-hour interactive workshop explores how careful consideration of a program's structure, routines, and transitions supports children's success. Teaching teams will reflect on how their daily organization impacts children's experiences and explore strategies to create predictable routines, effective transitions, and a more responsive child care environment.

Module 3 — Responding with Intention: Building Positive Connections

This 3-hour interactive workshop explores how educator responses influence children's behaviour and relationships. Teaching teams will reflect on their interactions with children and explore how intentional responses can reduce stress, strengthen connections, support children's needs, and promote collaboration within the teaching team.

Module 4 — Reflective Programming: Creating Opportunities for Everyone to Learn

This 3-hour interactive workshop explores how programming decisions influence children's engagement, learning, and behaviour. Teaching teams will examine the role of observation, goal setting, planning, implementation, and documentation in creating responsive programming that considers children's needs and interests to support participation and learning for all children.