EarlyON Central South

FSO SFO

Around the Rainbow Playgroup
The playgroup is for 2SLGBTQ+ families and families with young gender-diverse children, between the ages of 0 - 6
First Saturday of every month from 1:00 pm - 4:00 pm
Email: aroundtherainbow@familyservicesottawa.org for more details.

parenting in Ottawa drop-in!

On Monday's from 1:00-3:00pm, Public Health Nurses will be at our Don Reid location to offer support for breastfeeding and answer questions on healthy development for children 0-6 years of age.

DOWN SYNDROME ASSOCIATION NATIONAL CAPITAL REGION
ASSOCIATION SYNDROME DE DOWN

DSA-NCR Playgroup
This playgroup is open to members of the DSA-NCR.
Please pre-register using the link provided and to see schedule.

DSA-NCR Playgroup
One Sunday per month 10:00 am to 1:00 pm

Ligue La Leche
ALLAITEMENT.CA
la référence en allaitement

LLLC Breastfeeding Support
The last Thursday of every month from 1:00 to 3:30 during Don Reid's Baby & Me Playgroup

DISCLAIMER: All playgroups are subject to cancellations.
Subscribe to our newsletter or follow us on Facebook for the latest news.

Reminders

- **Scent Free Environment** (FRAGRANCE FREE)
- **Nut Free Environment** (NUT FREE)
- **Shoes Required Indoors**

INCREDIBLE PLAYGROUP FINDER
incredibleplaygroupfinder.ca

Hours of Operation

Monday-Friday 8:30 - 4:30
Saturday 8:30 - 12:00

Toy Library Hours

Returns can be made during any opening hours
Thursday 9:00 - 11:45 & 1:00 - 4:00
Saturday 8:45 - 11:45

closed** 12:15 - 12:45 **for lunch break

For more information, you can call us at
613-737-6369
send an email to
earlyonottawasouth@afchildrensservices.ca
or visit our website at
https://www.afchildrensservices.ca/earlyon-child-and-family-centre/